

embrace the journey

THE ANNUAL NEWSLETTER 2019-20

**NATIONAL SERVICE SCHEME, DAULAT RAM COLLEGE
UNIVERSITY OF DELHI**

*Cover art by:
Shivani*

NSS UNIT 2019-20

PROGRAMME OFFICER: MRS PREETI SINGH

PRESIDENT: PURVAI GUPTA

VICE PRESIDENT: MUSKAN JAIN

GENERAL SECRETARY - ANANYA SHARMA

TREASURER - SAKSHI THUKRAL

DATA HANDLER - RIYA ARORA

MARKETING HEAD - RUWAIDAH SUHAIL

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MANAGEMENT HEAD - ANDLEEB HASHMI

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DR. ANITA MINZ

DR. SARITA NANDA

Project Management Team

Mahak Verma

Shruti Arora

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Mansi Mittal

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Arya

From the Convenor's desk

"We work on ourselves in order to help others, but also we help others in order to work on ourselves." Being the NSS Convenor, it provided me a great opportunity for learning and self-improvement. I learned that we should share something small every day and never leave any opportunity to help others. It brought a great impact to me socially and mentally. I am happy to make whatever contribution I can. The NSS experience sensitized me to social reality. When I saw the underprivileged kids, lacking basic requirements of life without which I can't



which I can't even imagine my life, I came to know how well off and lucky I am. My problems are just incomparable to what these kids face. The good thing is they know the importance of their life and have no regrets. I had many such experiences in NSS which made a remarkable impact on me and will always be remembered. Without my NSS Student Union and NSS teachers' team diligence, hard work, and several late nights and early mornings, I would not be able to manage any of the tasks. I could not ask for a better team. I would like to express my deep gratitude to each and every one of you.

Mrs. Preeti Singh
NSS Programme Officer
2019-20



NSS CLASS REPRESENTATIVES 2019-20

NAME	COURSE	YEAR
Pearl Batra	BA Program	1
Mehak Garg		2
Suhana Mehta		3
Khushi khandelwal	Bcom Program	1
Poonam		2
Varnika		3
Sumi puri	Bcom Hons	1
Himanshi Sonker		2
Sanya Sehgal		3
	Botany	1
Yachna Sharma		2
Jagriti Chawla		3
Kajal Gupta	Biochemistry	1
Ragini Bhalla		2
		3
Shweta	Chemistry	1
Steffi		2
Humera		3
Bhavya Pandey	Economics	1
Deepika Arora		2
Arzoo aggarwal		3
Nayani Narayan	English	1
Daisy		2
Bhumika		3
Chetna Thakur	Hindi	1
Nilisha		2
Arti		3
Tanisha Bhatia	History	1
Sakshi Saini		2
Aashita Vij		3
	Life Sciences	1
Ritu Kumar		2
Ishika		3
Pooja	Mathematics	1
Shivani Yadav		2
Garima Bedi		3
	Music	1
		2
Megha Rajput		3
Priya	Political Science	1
Neha		2
Jaya		3
Kashvi	Philosophy	1
Rida		2
Shatakshi		3
Ishita	Psychology	1
Pragya		2
		3
Vedika	Physics	1
Ritika Singh		2
		3
Manyata	Sanskrit	1
Pragya Goel		2
Astha		3
Ravina	Zoology	1
Komal Yadav		2
Akriti Jamwal		3

EVENTS 2019-20

With the motto 'Not me, but you' etched deep in the hearts of its volunteers, National Service Scheme unit of Daulat Ram College sincerely devoted itself towards the betterment of the society through selfless service organising a number of activities to uphold its objectives of spreading awareness, support, and care.

The session began with organising a 10-day Yoga training programme from 6th June, 2019 to 17th June, 2019 in collaboration with Bharatiya Yoga Sansthan. Volunteers from the unit also participated in the 5th International Yoga Day celebrations by University of Delhi at Gandhi Bhawan.



The 'Dragonfly Festival 2019' was organised by Dhara-the Eco club in collaboration with NSS DRC on 7th August, 2019 saw an eager participation of 120 volunteers in the seminar. It was an enlightening event that gave the students an opportunity to celebrate the existence of these winged beauties!

With an intention to give an opportunity to the new batch of students admitted into Daulat Ram College to delve themselves into the benevolence of social service, NSS DRC organised its Orientation programme on 8th August 2019. The programme gave an insight to them about the unit's work and achievements. 200 students witnessed the event full of enthusiasm.

The unit observed 'Swachhta Pakhwara' from 1st- 15th August 2019 under the Swachh Bharat Abhiyan which saw over 200 students partaking in the activities undertaken to raise awareness.



The various activities undertaken included Oath taking ceremony, awareness campaigns, cleanliness drives, a rally, and other activities as per the guidelines from NSS Centre throughout the period. The interactive workshop on Circular Economy of Plastic Waste and Livelihood Opportunities witnessed a participation of 200 volunteers.



This was followed by a poster making competition organised on the theme "Living Life To The Fullest" on 21st August, 2019 in collaboration with Indian Spinal Injuries Centre. 25 volunteers participated in the competition using their artistic skills to portray thoughts on the abundance of life. Whereas, the SCI rally on 8th September, 2019 saw participation from 35 volunteers.



The National Workshop on 'Water and Waste Management' organised by Dhara-the Eco club in association with the unit on 30th August, 2019, attracted a crowd of more than 150 curious attendees.

Agroha Vikas Trust Scholarship event to impart scholarships to the Visually Challenged Students (VCS) of Delhi University was attended by 20 volunteers on 29th September, 2019. They selflessly helped the VCS students during the event.

The unit successfully organised a Blood Donation Camp in association with Hindu Rao Hospital on 17th September, 2019. A team of 6 people comprising of medical experts conducted the blood donation process which witnessed an overwhelming response.



A seminar on Detoxification of Stress was organised by the Youth Wing of Rajyoga Education and Research Foundation in collaboration with the National Service Scheme unit of Daulat Ram College on 20th September, 2019 which was attended by 214 volunteers.



On the occasion of the 50th NSS Day, NSS DRC observed a week long celebration on the theme- 'Beat Plastic Pollution: Together We Can Bring The Change' with a zealous pomp. Shramdaan - plastic waste cleanliness & segregation drive was conducted around the campus on 26th September, 2019 with participation from 25 volunteers.

The activities among others included a 'Best Out of Waste' Workshop which was attended by 15 volunteers who showcased their creativity by making beautiful and interesting items of utility and decoration by using waste products.

A bilingual debate competition was also organised by the unit on 25th September, 2019. The motion for the debate was- "This house believes that Gandhi's teachings are relevant to the challenges of modern India."

The day also witnessed an English essay writing competition on the topic "Truth is as big a requirement to the generation as the environment." 30 students participated and wrote down their insights on its importance for the present generation.



An Online Photography Contest was also organised from 26th - 28th September, 2019 on the theme Plastic Waste Management.

The budding talents of the college also got an opportunity to be showcased as a part of the Talent Hunt organised by the National Service Scheme unit of Daulat Ram College on 25th September 2019. The event was attended by 200 volunteers.

A Padyatra was organised on 26th September, 2019 in collaboration with Gandhi Study Circle. 170 volunteers marched around the college campus displaying posters depicting the importance of non-violence in order to celebrate the Father of the Nation.



A cycle rally was organised on 27th September, by NSS DRC in collaboration with Gandhi Study Circle of the college. 16 volunteers participated in the event. The unit also conducted a Fit India Plog Run on the occasion of 150th Gandhi Jayanti celebrations on 2nd October in which 35 student volunteers of the college went around the areas of North campus during which they stopped at places to pick up plastic waste from the roads of the campus.

National Unity Day or *Rashtriya Ekta Diwas* (31st October, 2019) saw the unit conducting an oath taking ceremony and a Run for Unity to instil in the students a feeling of togetherness and pride for the country. 200 volunteers took part in the activity.

A painting competition was organised by the unit of Daulat Ram College on 1st November, 2019 as a part of the celebration of National Unity day.



NSS DRC in association with Indian Overseas Bank, University Branch conducted an oath taking ceremony on the theme 'Integrity - A way of life' on 2nd November, 2019 as a part of the 'Vigilance Awareness Week'. 30 volunteers participated in the event and vowed to neither take nor offer bribes.

The unit also appointed two volunteers to be a part of SVEEP Campus Ambassador Training Programme which was conducted on 7th January 2020. A slogan writing competition on 'Importance of Voters' Education and Participation' was also conducted under the same on 22nd January, 2020.

The road safety workshop on 20th January, 2020 by the Delhi Traffic Police saw 200 volunteers being educated on safety signs and symbols including the good Samaritan rule.



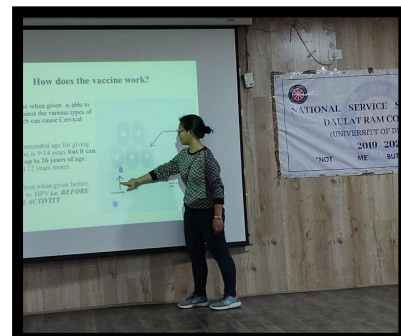
200 volunteers from the unit partook in the Digital Detox seminar organised on 22nd January, 2020 aimed at sensitising students towards harms of multimedia addiction.

An oath-taking ceremony was organised on 25th January, 2020 to mark the National Voters' Day.

To celebrate the National Girl Child's Day observed on 25th January, NSS DRC organised an Open Mic on 27th January, 2020. A poster making competition was organised on 29th January 2020 on the topic 'Forest Conservation'. A capacity building workshop was organised in association with Sakshi NGO on 15th February 2020 to spread awareness relating to the POCSO Act and child sexual abuse through the Rakshin Project initiative of the unit.



120 volunteers attended a seminar on Veganism organised on 24th February, 2020 in association with Vegan Outreach NGO. The volunteers were sensitised on the plight of animals and encouraged to follow a vegetarian diet to contribute to the cause of environment and animal protection.



200 volunteers from the unit attended a seminar for spreading awareness about the Human Papillomavirus. Dr. Lyngshing made the students aware of the precautions against one of the most commonly sexually transmitted diseases caused by HPV on 27th February, 2020.

The unit also organised a seminar on the Passport Seva Program on 27th February, 2020 where speakers Mr. Kapil Gupta and Mrs. Ashima enlightened the students about the implementation of the Passport Seva Project across the country.

With a view to honour and abide by the vision of Mahatma Gandhi of a clean India, NSS DRC organised a number of events under Swacchata Pakhwada, 2020. The Oath Taking Ceremony witnessed 200 volunteers taking the cleanliness pledge on 28th January, 2020. A poster making competition was organised on 29th January, 2020 on the topic 'Forest Conservation' where 45 volunteers beautifully presented their concerns on the topic and left an indelible impact on the minds of everyone, suggesting ways to conserve forests.



A cleanliness drive was organised on 31st January, 2020 which saw 26 volunteers scouring the campus and disposing waste such as paper, cups, and plastic bags to render the area clean.

Every year Daulat Ram College awards one of its students with the Dr. Balmukund Tandon Memorial Award for the Best Social worker. National Service Scheme unit, Daulat Ram College takes immense pleasure in congratulating its President - Ms. Purvai Gupta for receiving this award and thereupon setting new benchmarks of benevolence for the unit.



The unit is determined to keep improving and increasing its contributions, its care, love and affection to the society at large.

Swachh Bharat Summer Internship



The NSS unit of Daulat Ram College conducted a cleanliness awareness rally as a part of the Swachh Bharat Mission on 7th August, 2019 in order to create awareness about the importance of sanitation and hygienic lifestyle. A team of 15 volunteers and NSS Union members made efforts towards educating and sensitising the residents of the Cigarette Bagh Slum to keep their surroundings neat and clean. The children were enlightened on the ways to Reduce, Reuse and Recycle the waste and how they can do their bit in making their surroundings better and cleaner.



Jalsa

THE ANNUAL DIWALI MELA

23rd October, 2019



The theme of the mela this year was Ishtiraaq-e-Aaftab which meant to share the first beams of sunshine. The NSS unit shared this sunshine of hope, love, and prosperity with everyone through Jalsa and it was depicted through a plethora of events which included a performance by the Visually Challenged students of college who sang a welcome song and the children of the Connecting Lives Foundation who gave a dance performance.

Other performances included a performance by Zenith, the Western Dance Society of the College and by Encore, the Western Music Society of the College. The photography society of the college, Sepia, had their annual exhibition - Decipher- at Jalsa which showcased the talent and skill of the students in photography. Jalsa also featured a number of handicraft and merchandise stalls by young entrepreneurs and students of the DRC which attracted plenty of attention from the crowd. The stalls had beautiful handmade diyas, diaries, accessories, and so much more to shop from.

Besides this, there were plenty of food stalls which served delicious and scrumptious meals throughout the mela and everyone enjoyed them a lot. To go along with this, the students of the unit organised several fun activities and games such as 'The Balancing Brick', 'Aar ya Paar', 'Do I Know You', and others.

Jalsa'19 was a wonderful sight to see as the decorations were extravagant and beautiful. The Diwali Mela turned out to be a huge success as a result of the efforts and hard work put in by the NSS union members and NSS volunteers involved.



SELF DEFENSE WORKSHOP

28th January-3rd February, 2020 and 12th-19th February, 2020



A Self-defense Workshop was conducted in two levels by the Delhi Police officers and trainers who took up the responsibility of training about 500 students in the skills necessary to fight any unwanted situation that may arise in their day-to-day lives. Throughout the workshop the students learnt several valuable skills that empowered them and made them stronger.

The classes were conducted in two sets, Basic level and Advance level. The training was given using artificial guns and tiles for a holistic and real-life experiential training. The students were motivated to train one more girl in self-defense skills to empower and secure their future and life.

The valedictory ceremony of the event saw the entire drill with all the skills taught to the students in front of the esteemed guests for the ceremony. The ceremony was attended by Spl. CP SPUWAC Nuzhat Hassan, Spl. CP Central Range Rakesh Khurana, DCP North Monika Bhardwaj. The ceremony was also attended by our Principal Dr. Savita Roy and other special officers of the Delhi Police Women Safety unit. The self-defense skills taught to the students were highly appreciated by the guests. The girls were motivated and encouraged to always stay strong and help other women in need as well.





THE FOURTH ANNUAL SOCIAL FEST

Aagaaz

"Time to save the saviour!"

4th March, 2020

Based on the theme of "Climate Change", Aagaaz'20 aimed at creating awareness around one of the most critical and pressing issue in the world today. Recognising that it indeed is the "Time to save the saviour!", it urged for collective efforts for a cleaner and better earth through a number of competitions and activities.

The fest began with Inaugural address by senior journalist and environmentalist Mr. Gyanendra Rawat as the Chief Guest, Mr. Rakesh Khatri as the Guest of Honour and Ms. Licypriya Kangujam as the Guest Speaker.

The breath-taking performance by Asmita Theatre group was a special attraction. Competitions such as the Climatic climax- the Nukkad Natak competition was judged by Indian Theatre director Mr. Arvind Gaur and a renowned personality of the theatre world Mr. Vipul Kalra.

Aagaaz-e-Mehfil: the Slam Poetry Competition organised in collaboration with Pinned Peeps and judged by spoken word artist Mr. Chetanya Kapoor along with 'Poetry Darbaar' co-founder Mr. Indrajeet Ghoshal saw participants beautifully express their concerns on 'the grave effects of Climate change'. Oh Doodles!: the Doodle Making Contest saw participants express their concern on 'Drinking Water Shortage' through innovative doodles. The competition was judged by Ms. Khushboo Bansal of 'Doodle Dabba'. Vichaar Vimarsh: the Debate Competition saw debators at loggerheads on the motion that "Developing And Underdeveloped Countries Should Have Equal Binding In Solving Environmental Issues". 'Forest fires' as a cause of climate change were highlighted through Rang-a-Thon, the Face Painting Competition judged by renowned artist Mr. Mohit Knack whereas the WWPCE Quiz Competition evaluated the general awareness of participants on Earth and current environmental crisis. Online contest such as 'Lights Camera Climate!' provided a platform for reflecting upon the damage to the surroundings due to climate change. A Photo-Based Essay Competition: Picture Perspective was also conducted. A number of participants from DRC as well as other colleges also showcased their talents in Talentino: the Talent Hunt Competition which saw Male Fashion Icon and Entrepreneur Mr. Mayank Chawla as the judge for the same.



Donation Drives

Summer Donation Drives

"Giving is not about making a donation, its about making a difference."

12 volunteers from the unit took part in Donation Drives on 13th September, 2019. A team of 4 volunteers each visited 'Bachon ka Ghar', 'Bachiyon ka Ghar' and 'Kilkari' homes for children with stationary and toiletries donated by the college students.

Each of the place saw happy faces of the inhabitants. It was easy to see that they were drawn more towards the friendly smiles than the donation packets.



Winter Donation Drives

"The results of philanthropy are always beyond calculations."

Realising the plight of the poor as temperatures drop and the capital freezes, 25 volunteers from the National Service Scheme of Daulat Ram College participated in a winter clothes donation drive organised by the unit on 17th January, 2020 which covered a wide area around North campus.

Woollen clothes, jeans and shawls collected through the week-long donation drive which began on 9th January, 2020 were distributed amongst the needy.

President's message

NSS is not just any other society, it's been like a family to me. Since the past 2 years of my college life, I have been a part of NSS DRC. I learnt a lot and it has made me a whole different person than what I was back when I had just joined the college. It taught me how to work selflessly and has given me such experiences which I never thought I could get. I remember all those times I have spent with the little talented kids I met during the donation drives and other events, the smile I saw on the faces of the elders on senior citizens' day, the success of Jalsa and Aagaaz of both the years. These memories will always be the best part of my college life.



Purvai Gupta (left) and Muskan Jain (right)

I heartily thank my Union members and the Programme officer, without whom we wouldn't have been able to achieve all the success and also for always being there and supporting during downfalls.

NSS has not just taught me but has also given me friends for my entire lifetime, the best seniors one could ask for and the loveliest juniors and teachers like Mrs. Sarita Jain and our programme office Mrs. Preeti Singh who have always been there to support and guide me throughout.

The journey from being a member of the Management team to becoming the President of NSS DRC will always be cherished and remain an important part of my life.

I also thank all the Volunteers, NSS faculty members and non-teaching staff, without whom this unit would not have been in the position it is now.

I wish all the very best to the future union, may they take this unit to newer heights.

Purvai Gupta
NSS President
2019-20

Vice President's Message

NSS not only helped me in tapping different aspects of my skills and polishing them, it also made me who I am. It has been the learning curve of my college life. It gave my identity a meaning. It helped me gain perspective about people, things and life, in general. I had the privilege to know some of the most humble and understanding teachers and work with the most amazing bunch of women. To say that I learned time-management here would be just the tip of the iceberg. It helped me understand people, the society and their actions, what they do and why they do it. I learned how to keep a positive outlook, even in the times of crisis. I learned how to manage things even when everything imaginable is going wrong. I learned to think on my feet. And I really, from the bottom of my heart, hope it becomes a learning curve for my juniors as well and everyone who's working for the cause. What normal was to other people of my college, was not normal to me and my batchmates in NSS. We were working everyday, for the last 2 years. It demanded our time, complete dedication and commitment. My journey would have been incomplete without my team, the CRs, the Management team, Marketing team, Creative team, Project Management and Content team, volunteers and anyone who has helped in achieving our goals. Thank you for this opportunity of a lifetime, I'll be forever grateful.

Muskan Jain
NSS Vice President
2019-20

The NSS Journey

"Being a part of NSS, I have learned a number of qualities simply by becoming a Volunteer. Working for 3 years has just made me more responsible towards my duties and it has added more passion to my professionalism. The benefit of joining NSS is the impact which I had on my social life. I have met people who share the same interest and I have also widened my social network beyond my course. Through NSS the spirit of selfless service is instilled in us. It is rightly said that 'Service to Man is Service to God' and NSS provides the opportunities to students like us for making our commitment in the service of the community and ultimately the service to God."

Ruwaidah Suhail
NSS Marketing Head

"You find home in places you have never known and corners you have never seen." From not knowing what NSS stood for to being a part of the organisation, National Service Scheme, Daulat Ram College, has given me a platform to indulge in social work. The society has enhanced my working skill, enabling me to polish my creativity under the strict yet loving guidance of our Heads. From donation drives to blood donation camps, I learnt to put the society before me. With so many memories with my corner in the college, I am thankful to the entire team for making me a part of the team and letting me play my small part towards the greater good of the society."

Ananya Sharma
General Secretary

"Being a part of NSS was definitely an amazing experience in my lifetime. The time I spent with the union members will always be among the best moments of my college life. I am an introvert person. I always had doubts about my suitability for this post but I'm grateful that I got such a great head, who always says, "Be who you are, just create the difference by your work." No matter what the situation is my team always supports me. It feels so good when volunteers recognize me because of the work I do in NSS. They come up to me, or sometimes wave or smile at me and appreciate me for the work I do. It feels like finally I have achieved something and I cannot be thankful enough for this. I'm grateful that I got to be a part of NSS. This society showed me how a team works while balancing friendship and work ethics. Lastly, but most importantly, to be able to have done something for the community would certainly be one of the proudest moments of my life."

Khushi
Management Team Member

"जरूरी नहीं कि हर वक्त लबों पर खुदा का नाम आए, वह लम्हा भी इबादत का होता है जिस लम्हे में हम किसी के काम आए।"

"With this very thought in my mind, I went for the interview of Management Team of NSS in my second year. For me at that time, NSS was just a society which worked for the development of the underprivileged section. But now after two years, I can proudly say that NSS is not just a society, it's an emotion, it's my extended FAMILY.

NSS gave me the opportunity to explore myself. As a Management Team Member, I learnt how to work and manage different events efficiently and as the Management Head, I learnt how to lead and guide others. In these two years, NSS has given me a lot of experience and exposure which will definitely help me in my future. Working for specially challenged students, underprivileged students and economically weaker sections of the society gave me immense sense of satisfaction and happiness which is rare to find in this world. Throughout the year, NSS conducts many awareness seminars and workshops which help all the students to know about the on going issues in the society. NSS has taught me that "Anybody can swim along the waves, but real people are those who traverse the waves".

Whatever I am today, I owe it to NSS. My experience and memories with NSS will always remain close to my heart. NSS will always be a beautiful chapter of my life which I will cherish forever."

"तुम्हारे साथ हर पल बहुत हसीन गुजरा था, तुम्हारे बाद यह वक्त बहुत याद आएगा।"

Andleeb Hashmi
Management Head

"Working with NSS has been amazing right from my first year in college. At the time of admission in the college, I had to choose between three societies - NCC, NSS or NSO. I chose NSS because before that I had never heard about NSS, it was something new for me and so it seemed very interesting. I was so curious to know about it so I joined it. During my first year, I attend many seminars that were very intellectual. I also took part in various activities like Self Defence Workshop, Senior Citizens' Day Celebrations, etc. Now as a PROJECT COORDINATOR, I have learned to manage so many things. With VCS students, my experience has been so different and cherishing. The way they handle each situation, always being calm and polite and the way they are always determined to their work, gives me so much satisfaction and happiness. When they are happy, I feel happy too."

Mahak Verma
Project Coordinator

"Being a part of the NSS Union is the best thing that has happened to me so far. Here, I have found a family comprising of seniors who care for us, treat and nurture us as a child and friends with whom I share uncountable loving memories. We cry, laugh, celebrate, and get scolded together, thus, forming an unbreakable bond. Being a member of the management team, I have become confident and received ample opportunities to polish my skills. I would like to thank each and every Head, our President and the Vice President for making me who I am today. This was an amazing year which I can never forget in my entire life."

Vanshika Gupta
Management Team Member

"I have been an ACTIVE VOLUNTEER in the NSS since my first year. I started as a volunteer but my love for service helped me to become one of the PROJECT COORDINATORS in this unit in my second year. It was like a dream come true. It was a pleasure to work with such a cooperative and diligent union. NSS organises various knowledgeable as well as intellectual events, and seminars throughout the year which ultimately help me boost my personality and develop management skills. NSS has helped me in developing my soft skills, my patience level and also has given me a sense of satisfaction. Last but not the least, I would like to express gratitude towards the NSS President, Vice President, my Team Head and all the other Heads for the knowledge and skills they have given me. I am grateful for their kindness, generosity and support."

Shruti Arora
Project Coordinator

"The first time when I actually heard about 'NSS', I had no idea about what it was and how it worked but at that point of time I had to choose between the three - NSS, NCC, NSO. The seniors told us that in NSS we need to complete hours by attending seminars. The first impression was boring but seemed easy as compared to sports and parades since I was not at all interested in the other options. So, eventually, I chose to be a part of NSS DRC and it proved to be an wonderful decision. Initially, I attended a few seminars, earned a few hours, and I was under the impression that its not that bad. Then I heard about the post of NSS CR. None of my classmates knew about this clearly and I too, did not. I filled the form and went for the interview, extremely nervous, as I had no idea what was going to happen. But everything went on quite well and I am glad, I became the NSS CR of my course. Initially, I faced a little problem in dealing with the students but slowly and gradually, we all became good friends. I felt satisfied that the entire batch knew me. I felt as if I was on top of the world. NSS has given me an opportunity to develop my leadership skills and has taught me how to solve the problems my peers face in completing hours. Being a part of NSS Diwali Mela, 'Jalsa', and the NSS Annual fest 'Aagaaz' was a great experience for me. Interacting with the seniors was one of my best experiences. The NSS family is very good and I feel privileged to be a part of it."

Sumi Puri [NSS CR - 2nd year - B.Com (H)]

"Another year rolled by, by being a part of this beautiful journey of volunteering for NSS DRC. NSS has taught me human values which probably I could not have understood otherwise. It was a cathartic experience. Philanthropy, as a personality trait, is something I have been eager to possess. NSS gave me precisely this opportunity. After devoting two beautiful years of my life to NSS, I have experienced a change in the way I look at things around me. To start with, Agroha event which gives scholarship to VCS, encourages them to pursue higher education and aims to reduce the high rates of dropouts especially in case of girls, and boosts the morale of the students. World Environment Day is celebrated every year, highlighting the role of Mother Earth in our everyday life. We take nature for granted. We all should do our bit for saving the Earth. Cycle rally was organised by NSS in a bid to educate the masses about the need to reduce pollution. These are just a few of numerous events organised by NSS. It is indeed an honour to work with a team of talented women of DRC and I am looking forward to working as a part of NSS team in days to come."

Steffi Choudhary [NSS CR - 2nd year - Chemistry (H)]

"Before entering the new phase of life (the college life), I definitely had some expectations. I had imagined some new and exciting scenarios. When I came here for admission, I was asked to choose one option among the NSS, NCC and NSO. Without any second thought, I opted for NSS and here I am today. I am a part of the NSS family. Through various workshops, drives, fests, etc., I have learnt many new things. I have gathered beautiful memories and I have also met of the most cooperative and supportive seniors. Thank you NSS Family for being a wonderful part of my 1st year in college."
Ananya (NSS Volunteer)

"NSS is a beautiful journey! It is not just a collection of hours. It is not a way to enhance my CV. It is not just about earning hours for a social service certificate. But, it is the way of being a part of others and the society. It is a way which helps in bringing smiles on many people's faces. My experiences with the VCS students have been really beautiful. I take it as a new lesson in my life. It is all about the motto, 'Not Me, But You.' It helps me gain inner satisfaction. NSS is a family. "The best way to find yourself is to lose yourself in the service of others". NSS is a beautiful journey!"
Ravina Nagar (NSS Volunteer)

When I entered college, I was really curious to work with NSS, right from the time of my admission. I had heard a lot from my seniors about the social work and events conducted by NSS DRC. My experience with NSS this session has been magnificent. It was full of new experiences and new interactions. During this session, NSS organised several events like Self Defence Workshop, Water and Waste management Workshop, Road Safety Workshop, seminars on UPSC, its Annual Diwali Mela - 'JALSA', its Annual Fest 'AAGAAZ', and many more. From time to time, NSS gave me various opportunities to boost my confidence level. JALSA'19 and AAGAAZ'20 made me feel as if I was a part of the NSS team. I look forward to organizing events and working closely with all the volunteers and members of NSS Union in the upcoming years.
Raina Pathak (NSS Volunteer)

I still remember the day I enrolled myself as a volunteer in NSS. In reality, there was no specific reason for doing so. I found NSS as a unit in college, interesting. But the very first interaction with the VCS students, was proof enough for me that NSS was a choice worth making. I have completed more than 200 hours of service but I still want to continue working. The inner satisfaction which I experience as I serve, continually motivates me. I truly long to keep working with the wonderful team. When I attended the first VCS workshop, I was shocked to see the VCS students use laptops with utmost ease and efficiency. In the Self Defense Workshop, I learnt to be bold and fearless when I am in a public place and helped me in overcoming the timidness. I also got experience in managerial tasks and I improved my communication skills by volunteering for Aagaaz and Jalsa. My association with NSS is only an year old. But, I can say that it has already done a great deal in developing my personality.
Unnati Yadav (NSS Volunteer)



NOT ME , BUT YOU
NSS DRC SESSION
2019-20

